

## Qualifications

Irini Hatzipanagiotou

Traumasensitive Yoga (TSY) Training, TSY ingradual Dunemann/Weiser-Pfahl GbR

Sound Healing Training, Yoginzky Stuttgart

300hrs Yoga Teacher Training, Yoga Alliance U.S.A Certified, Pranaluz Costa Rica

200hrs Yoga Teacher Training 200 h, Yoga Alliance U.S.A Certified, Green Yoga India

50hrs Yin Yoga Teacher Training, Myofascial Release & Spine Anatomy with Jo Phee, Moveorespiro Stuttgart

100hrs Pilates Matwork Training, Moveorespiro Stuttgart

Acro Yoga and Thai Massage Workshop mit Joy Sanyah

Teacher Training in Progressive Muscle Relaxation and Autogenic Training

## Studium

Bachelor of Science in Prevention-, Therapy- and Rehabilitation,  
DIU Dresden International University

Sports- and Gymnastics Teacher, Kiedaisch Academy Stuttgart

Degree: Dance, Wellness, Sports Therapy, Massage, Health related sports

